



DECEMBER 2015

The Kay Center
CHURCH STREET UNITED METHODIST CHURCH

	1 10:00 Devotion—Andrew 10:30 Qi Gong/Exercise 11:00 Balloon Volleyball 1:30 Pet Visit-Lily & John 2:00 Christmas Craft	2 10:00 Exercise 10:30 Balloon Volleyball 11:00 Table Games 12:00 Lunch 1:30 Visit with George	3 10:00 Cindy w/Music and Motion 11:00 Balloon Game 12:00 Lunch 1:30 Ring Toss 2:00 Winter Gardening	4 10:00 Piano—Linda Blair 11:00 Andy Griffith 12:00 Lunch 1:30 Exercise 2:00 Sing Along 2:30 Bean Bag Toss
7 10:00 Balloon Game 10:30 Watercolor ornaments 11:00 Table Games 12:00 Lunch 1:30 Christmas Readings 2:00 Let's Walk 2:30 Exercise	8 10:00 Devotion—Andrew 10:30 Preschool Sings 11:00 Balloon Volleyball 12:00 Lunch 1:30 Darts 2:00 Music—Don & Pat 2:30 Trivia	9 10:00 Movie 11:00 Make Bookmarks 12:00 Lunch 1:30 Visit with George Exercise Balloon Volleyball	10 10:00 Devotion w/Matt 10:30 Exercise 11:00 Balloon Game 12:00 Lunch 1:30 Horseshoes 2:00 Music-Don Redman	11 10:00 Picture Cards 10:30 Color Ornaments & Bookmarks 12:00 Lunch 1:30 Walk in Gym 2:00 Balloon Toss 2:30 Sing Along
14 10:00 Andy Griffith 10:30 Table Games 11:00 Color ornaments 12:00 Lunch 1:30 Devotions 2:00 Exercise 2:30 Talk a Walk	15 10:00 Devotion—Andrew 10:30 Qi Gong/Exercise 11:00 Balloon Volleyball 12:00 Lunch 1:30 Ring Toss 2:00 Christmas Craft	16 10:00 Table Games 10:30 Preschool Visit 11:00 Balloon Volleyball 12:00 Lunch 1:30 Visit with George	17 10:00 Balloon Volleyball 11:00 Exercise 11:30 Hand Weights 12:00 Lunch 1:30 Music—Kathy Huber 2:30 Christmas Party	18 10:00 UNO 10:30 Table Games 11:00 Watercolor 12:00 Lunch 1:30 Balloon Volleyball 2:00 Exercise 2:30 Sing Along
21 10:00 Table Games 10:30 Balloon Volleyball 11:00 Bean Bag Toss 12:00 Lunch 1:30 Christmas Readings 2:00 Exercise	22 10:00 Devotion—Andrew 10:30 Balloon Games 11:00 Exercise/Qi Gong 12:00 Lunch 1:30 Bean Bag Toss 2:00 Word Scrabble 2:30 What's Missing?	23 10:00 Preschool Visit 10:30 The Heartstrings 12:00 Lunch 1:30 Visit with George Exercise Balloon Volleyball	24 Kay Center Closed	25 Kay Center Closed
28 Kay Center Closed	29 10:00 Devotion—Andrew 10:30 Qi Gong/Exercise 11:00 Balloon Volleyball 12:00 Lunch 1:30 Ring Toss 2:00 Jokes & Riddles 2:30 Hand Massage	30 10:15 Preschool Visit 10:30 Balloon Volleyball 11:00 Let's Walk 12:00 Lunch 1:30 Visit with George	31 10:00 Exercise 10:30 Bean Bag Toss 11:00 Balloon Volleyball 12:00 Lunch 1:30 Bingo 2:30 Trivia	Caregiver Support Group Monday, December 21 3 p.m.